

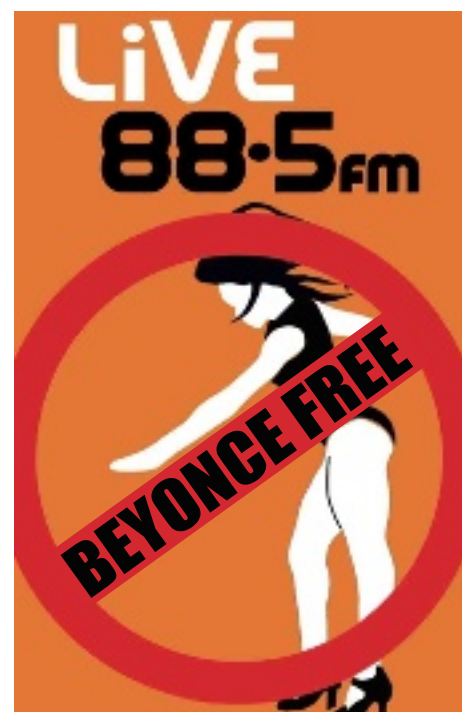
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Get your odour running. Page 12



\$4.3M spent on pot for injured soldiers

Health. Figures released by Veterans Affairs represent a dramatic escalation in costs, prescriptions

The cost of providing medical marijuana to the country's injured soldiers under a Veterans Affairs program jumped to more than \$4.3 million this fiscal year, an increase of 10 times what was spent last year.

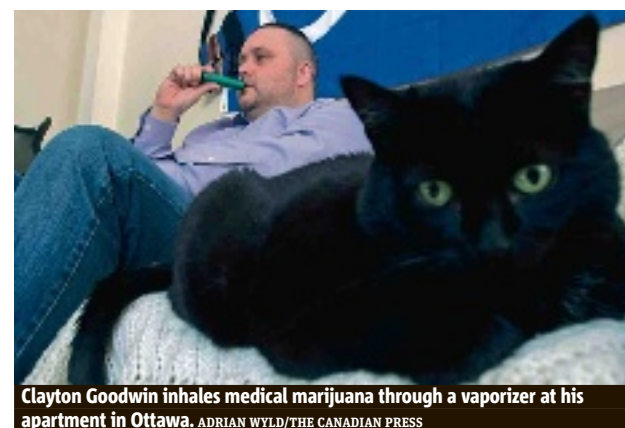
And the number of ex-soldiers eligible for taxpayer-funded, prescribed pot more than quadrupled to 601 patients, according to figures released by the department.

The numbers represent a dramatic escalation, even from last fall, when former veterans minister Julian Fantino was told in a briefing note that there were 224 approved cases.

At the beginning of the last budget year there were 116 eligible veterans.

In 2013-14, the government spent \$417,000 on medical marijuana for soldiers, said the briefing obtained by The Canadian Press under access to information legislation. The increases may represent a conundrum for Health Canada, which routinely warns against marijuana use, and the ruling Conservatives who have ridiculed Liberal Leader Justin Trudeau's campaign for overall legalization of marijuana.

In a statement, a Veterans Affairs spokeswoman stood by the program, pointing to government documents explaining that even though the



Clayton Goodwin inhales medical marijuana through a vaporizer at his apartment in Ottawa. ADRIAN WYLD/THE CANADIAN PRESS

government does not want to see marijuana used as medicine, the courts have ordered patients to have access to it if prescribed.

"Marijuana for medical purposes is not an approved drug or medicine in Canada and Health Canada does not endorse or promote the use of marijuana," said Janice Summerby in an email. "However, (Veterans Affairs) will support eligible veterans by reimbursing the cost of marijuana for medical purposes if their physician deems it is an appropriate treatment for the veteran's health condition and authorizes its use in accordance with Health Canada's regulations."

Throughout much of last year, there was a growing debate within the veterans department about how much would be covered by the program, introduced in 2008, and whether it should be capped or even cancelled outright.

Fantino, who has since been replaced by Erin O'Toole as minister, was presented with

four different options, including dropping the policy, but retaining existing clients; or eliminating it altogether.

In a pamphlet sent to constituents last year, Fantino claimed Trudeau wants to "make buying marijuana a normal, everyday activity for young Canadians" and even charged that the Liberal leader wants to allow the sale of pot in corner stores.

Clayton Goodwin, a former reservist who was injured in the Far North in 2004, said the mixed messages make it hard to get pot prescribed by a doctor, even though medical marijuana has been legal since 2001.

"The personal stigma and shaming of an individual's choice of medicine is something that needs to be addressed," said Goodwin, who noted that a group run by an ex-combat engineer in New Brunswick — Veterans Helping Veterans: Marijuana for Trauma Inc. — is helping pair veterans with doctors who will prescribe marijuana. **THE CANADIAN PRESS**

INVASION OF THE MILLENNIALS

Sally Camara, 22, with her recently purchased leather bag at the Ottawa Antique and Vintage Market on Sunday. Move over grandma, today's antique hunters are young, hip and not on a fixed income. They're looking for vintage items to wear and decorate their homes. Story, page 4.

PHOTOS: HALEY RITCHIE/METRO

Hamburglar the hot topic in NHL

Hockey. 'Sensational,' 'good team-building' among words swirling around Sens goalie

Ottawa's Andrew Hammond, the goalie known as The Hamburglar, is not just the talk of the town — he's the talk of the NHL.

Hammond extended his record as a starting goalie to 13-0-1 while giving the Senators their highest chance of making the playoffs in months with a 5-3 win over Toronto this weekend.

The win also allowed the more than 19,000 fans at the Canadian Tire Centre to cash in on an offer of free McDonald's burgers. They were secured when Kyle Turris scored a last-minute goal with an assist, now known as a Hamburglar Helper, from Hammond.

The hot goalie has helped the Sens recover from a mid-season slump, start the weird new tradition of tossing buns on the ice and could well see

the team make the playoffs. At the very least, the Hamburglar is widely credited for giving the team its new energy.

Here's what people are saying about Hammond:

Don Cherry

Ron MacLean and Don Cherry discussed Hammond during Hockey Night in Canada's Coach's Corner on Saturday.

"He's absolutely sensational, he's the talk of hockey right now," said Cherry.

Cherry is impressed by Hammond's skills but took issue with the Hamburglar design on his mask, claiming that it was actually Mad magazine's mascot.

"Ladies and gentlemen, that is from Mad magazine, that is not the Hamburglar, that is Alfred E. Neuman," he shouted.

Boston Bruins head coach Claude Julien

Before the Bruins' 6-4 loss to the Sens on Thursday, Julien hoped that his team would bring Hammond's winning streak to an end.

"It's a great story. There's no doubt about that," said Julien. "This game can always use those kinds of stories. Maybe we can rewrite it a little differently tonight."

It was a big win for the Senators, who are almost neck and neck with the Bruins in the race for the wild-card playoff spot.

The Toronto Star

Sports columnist Damien Cox compared Hammond's story to that of Hall of Fame goalie Ken Dryden joining the Montreal Canadiens late in their 1971 season. While doubting that Hammond would ever be in the Hall of Fame himself, Cox did say that his run is in the "same compelling paragraph in hockey history" as Dryden.

Jeremy Roenick

Former Blackhawks and Flyers player Jeremy Roenick took a bite out of a burger live on NBC Sports to drive his point home that the Sens will make it to the playoffs instead of Boston.

"He has given up some goals as of late but when all the play-



The Ottawa Senators' Andrew "Hamburglar" Hammond flips off a hamburger bun as staff clean burgers that were tossed on the ice after the Senators defeated the Toronto Maple Leafs 5-3 on Saturday night. SEAN KILPATRICK/THE CANADIAN PRESS

ers start getting into it and start feeling that playoff position, this is a team that believes they can make it and that's because of one guy, The Hamburglar."

Toronto Maple Leafs

While the Sens have fought to compete for a playoff spot, the Leafs have sunk to the second-worst ranking in the East and lost to the Sens 5-3 on Saturday. Their head coach, Peter Hor-

achek, credits the Sens' resurgence to Hammond.

"They gave themselves something to rally around," Horachek said to the Toronto Sun. "That's just good team-building."

Before the game Leafs forward Joffrey Lupul said that Hammond is inspiring a lot of confidence in his team but that they "would have to get to him." NICHOLAS HODGE/FOR METRO

Embarrassing stories get a soapbox

Amateur storytellers are getting their chance to go up on stage and talk about a time when they should have shut up.

The "(un)told" speaker series puts on open-mike shows where participants share personal stories. Each month has a different theme — March's theme is foot-in-mouth and will take place Monday night at the Heart and Crown on Clarence Street. Speakers will

take turns telling embarrassing stories about situations where they said the wrong thing at the wrong time.

"The stories of humiliation and mortification bring out a good audience," said Liz Martin, the producer of (un)told.

Previous themes for the show have included dares and dreams, disasters and firsts. The speakers aren't allowed to bring notes or props so that when they tell their story it's

the same way they would tell it to a friend. Some of the stories are heartfelt while others are purely entertaining.

"Our most recent show was a blast," said Martin. "We had a theme about failure and it was a great theme to come back on because we had been on a hiatus."

According to Martin (un)told is an initiative to bring new audiences to the storytelling art form and

provide an opportunity for people to try something new.

While many of the speakers are well versed in public performance, whether through comedy or theatre arts, everyone is welcome to pitch their idea for a story to (un)told. Most of the speakers have already been selected but Martin expects that a few spots will be left for latecomers tomorrow night.

NICHOLAS HODGE/FOR METRO

Weather

Spring not quite in the air yet

It's officially spring in the capital, but Ottawa Public Health had to issue another frostbite warning over the weekend, as wet snow fell throughout Saturday and bitter cold froze the slush overnight. Temperatures Monday are expected to warm up a little, reaching a high of -6 C and low of -19 C overnight. HALEY RITCHIE/METRO

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Police looking to purchase 100 Tasers

Law enforcement.
'More technologically advanced' conducted energy weapons will cost \$200,000



JOE LOFARO
joe.lofaro@metronews.ca

The Ottawa Police Service will ask the police services board Monday to approve the purchase of 100 Tasers, costing about \$200,000, in the hopes of getting them into the hands of more officers by the end of this year.

The purchase is part of the OPS plan approved last April that allowed for first-class constables to be able to

carry the conducted energy weapons (CEWs). Previously, they could not carry the devices.

"To support the approved deployment, and in keeping with the plan outlined in the 2014 report, the Ottawa Police Service is seeking to purchase 100 additional CEWs to gradually improve ready access to the device and ul-

timately, increase public and officer safety," reads a report to be tabled at Monday's meeting.

After the new Tasers are deployed, OPS will assess how effective they are on the streets.

Ottawa police are asking for the "more technologically advanced" X2 model, one of two models approved

for use by the Ontario Ministry of Public Safety and Correctional Services.

The X2 Taser has a dual laser lighting system that allows an officer to see where the two probes will land before firing, according to the report.

Chief Charles Bordeleau is seeking the board's approval to purchase the devices from

M. D. Charlton Co. Ltd, the only authorized supplier of Taser products. The report says CEWs will increase officer and public safety.

Funding for the Tasers is included in the Ottawa police's operating budget.

Follow Joe Lofaro on
Twitter @giuseppelo



Barrhaven. Teenage boy suffers slashed face

Ottawa police are investigating an assault in Barrhaven in which a 17-year-old boy had his face cut with a knife Sunday morning.

Police responded to Kenacraig Private, near the intersection of Greenbank and Dundonald drives, just after 6 a.m.

According to paramedics, the boy banged on the doors of multiple homes requesting help.

Paramedics treated him and sent him to CHEO in stable condition to get stitches.

"His face has been slashed open," said para-

medic Supt. Darryl Wilton. "He got lucky that it wasn't worse."

Police said the victim is not co-operating with investigators and no suspect description is available.

Police continue to investigate.

JOE LOFARO/METRO

More online

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Metcalfe. Paramedics assaulted during call

Paramedics had to call for police backup early Sunday in Metcalfe after they were attacked by a man they were treating.

Two male paramedics responded at 4:15 a.m. after a 45-year-old male patient who had been drinking fell and hit his head, knocking him unconscious, according to paramedics.

He regained consciousness while paramedics treated him and then he

punched them. The patient's sister also became verbally aggressive with paramedics during the call, said Supt. Darryl Wilton of the Ottawa Paramedics Service.

Police arrived and took control of the scene before paramedics were able to bring the man to hospital to be treated for his injuries.

The paramedics suffered minor injuries.

JOE LOFARO/METRO

Twitter

Local institutions joining in on #MuseumWeek

Many of Ottawa's most popular museums and galleries will be sharing their secrets from March 23 to 29 as part of a global Twitter campaign called #MuseumWeek.

Each day of the campaign has a different

theme, including a promise to reveal the "behind-the-scenes" operations and #poseMW that asks patrons to take selfies and share memories of their favourite spots.

The War Museum, the Canadian Museum of History, the National Gallery and the Nature Museum are a few of the Ottawa institutions that will be tweeting along all week.

HALEY RITCHIE/FOR METRO

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FUN & AFFORDABLE

Haley Ritchie looks at why the Ikea generation is now on the hunt for ...

UNIQUE CHIC

Better watch out, grandma: You're not the only one eyeing that antique Tiffany-style lamp.

Students and young homeowners joined the usual crowd this year at the Ottawa Antique and Vintage Market, pawing at cheetah fur coats, admiring Persian rugs and giving the side-eye to some taxidermied birds.

"We've got our core group of collectors aged 30 to 70, but we're getting a much younger demographic coming through the show," said Catherine Knoll, one of the organizers of the show, held at Carleton University's fieldhouse over the weekend.

"They're finding this is a fun way to decorate their house in an affordable way."

While they might be tempted by a lower price tag of a certain Swedish furniture giant, some members of Generation Ikea are looking for something more unique.

"We're moving into a heritage apartment, so we're into the stuff with character," said Michelle Calvert, who came to the market with her roommate. She might be a student, but that doesn't mean most of her furniture needs to be plastic drawers.

"I think it's just about putting thought into what you put in your home, as opposed to just functionality. Our apartment is an eclectic mix; it's just things that have meaning. Everything has a story," she said. "Hipsters like old things, I guess, but it depends on the

person."

Many go online to Etsy and eBay, looking for vintage or vintage-inspired goods. But Ottawa residents are lucky that they have a lot of options when it comes to local vintage and antique stores.

Knoll said furniture isn't the only major draw. Many fashionable young people are turning to used. She said the crowd at the annual vintage clothing show attracts even more young people, acting as a gateway to the world of the old and eclectic.

"We've got a lot of spill over between the two," she said. "Sometimes, we get younger people coming to the antique show because they went to the vintage clothing show and had fun there."

Quoted


"I think it's just about putting thought into what you put in your home, as opposed to just functionality."

Michelle Calvert, shopping with her friend.

Like many young shoppers these days, she's looking to purchase items with some meaning attached

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MATTHEW DAVEY

Matthew came to the show for something different to do on a cold day. Some vintage hockey cards caught his eye and he decided to turn them into the start of a new collection.

"We were looking up some of these and they're worth way more than what I just paid. Maybe I might pass them down to my kids. Even if they're not worth anything, they're a great souvenir for the day."

VU DUONG

Vu came shopping with his roommate, looking for unique items for their heritage apartment. He admits his new shelf won't provide that much storage space, but he likes the colour.

"I like the look of it. I don't know if buying vintage says anything about me, but I know I'll appreciate it more because it's unique."



KAITLIN MCNAMARA

Kaitlin likes vintage postcards so much that she started her own online store selling them, called Kissy Post.

"I like to peruse through them and read the little notes on them," she said, sharing the ordinary description of dinner someone penned from Mount Vernon, Ont., more than a hundred years ago. "I just like that someone took the time to write it. Someone else lived through the piece, and now I get to use it."



SALLY CAMARA

Sally chooses vintage over the mall whenever she can. She recommends being flexible — she finds exactly what she wants because she comes in with an open mind.

"I like to find stuff myself, looking around and not knowing what exactly I have in mind. I just find also that there's always a story behind what I got. That's something I like about old stuff, instead of just going to the mall."





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Comedy

Epic ribald rivalry continues

Kenny vs. Spenny has been off the air since 2010, but Kenny Hotz isn't finished humiliating his main target, Spencer Rice.

The Canadian gross-out comedy stars are coming to the Algonquin College Theatre on March 26. The pair will show clips that were considered too vulgar to air on television and hold a Q & A session with the audience.

Kenny vs. Spenny played on CBC, Showcase and Comedy Central. Each episode saw the childhood friends compete in challenges such as First Guy to Touch the Ground Loses or Who Can Commit The Most Crimes. The loser would be publicly humiliated at the end of every episode.

Tickets for the event range from \$30 to \$99.

NICOLAS HODGE/FOR METRO



Free chef school for best video

Scholarship. Cordon Bleu Ottawa Culinary Arts Institute offers \$30,000 education to needy would-be chef



TREVOR GREENWAY
trevor.greenway@metronews.ca

The Ottawa Cordon Bleu cooking school is serving up a plate of \$30,000 to the hungriest aspiring chef out there.

The school is offering the full-ride scholarship for the first time in Canada and the idea is to find someone who loves cooking, but would likely not be able to afford the highly regarded cooking school's tuition costs.

"We want to show what can happen to somebody who has that passion for food," said Le

Cordon Bleu Ottawa Culinary Arts Institute marketing manager Lawrence Kelly.

"We are trying to find somebody who is potentially a rising star, but wouldn't have had the opportunity without a scholarship."

Aspiring chefs who are already working in the restaurant industry are required to submit a two-minute video explaining their passion for and dedication to food. Three finalists will compete in Ottawa in November for the Grand Final, which will coincide with the school's 120th anniversary.

Cordon Bleu Ottawa grad Thomas Naylor, now the executive chef at the Embassy of Canada in Washington, D.C., is one of the judges for the scholarship. He told Metro that it won't be hard to wade through the dedicated doers and the duds.

"If I am a judge, this has to go to someone who really wants

it, someone that really deserves it and is not going to squander this opportunity," said Naylor. "How are they going to show me that they are passionate? I can usually tell right away. It's in their eyes, it's in their expression, it's in the way they talk about food."

Whoever gets the job — be it a dishwasher at a local pub who can't wait to get his hands on a butcher's knife or a McDonald's staffer who is sick of deep-frying French fries — will get a huge stepping stone to walk into the world of cooking at arguably the best cooking school in the world.

"It's huge," added Naylor, who called the Cordon Bleu school a "boot camp" that drives the basics of cooking into aspiring chefs before taking on the big, bold flavours of French cuisine.

"The scholarship gives a person the opportunity to get all these techniques and that is the foot inside the door with a lot of restaurants."

The scholarship is open to any employee already employed under Restaurants Canada. Deadline for the application is July 31.



Ottawa Cordon Bleu grad Thomas Naylor grills up some steaks on the rooftop of the Embassy of Canada in Washington, D.C. in 2013.

KEEGAN BURSAR/FOR METRO

Quoted

"We are trying to find somebody who ... wouldn't have had the opportunity without a scholarship."

Lawrence Kelly, marketing manager for Le Cordon Bleu Ottawa Culinary Arts Institute

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Alta. Man, shot at border, wanted for murder: RCMP

RCMP say the man fatally shot near the U.S.-Canada border on Thursday was wanted for the murder of 18-year-old Brando Walker on an Alberta reserve.

Mounties say they were in the process of obtaining a first-degree murder warrant for 20-year-old Jamison Childress, when he was killed by a U.S. Border Patrol agent near the Sumas, Wash., crossing.

Three other individuals, including a 15-year-old teen boy, have been charged in connection with Walker's death to date.

Walker's partially burned

body was found on March 7 on the Tsuu T'ina Nation reserve near Calgary, although RCMP say he was killed in a Calgary home.

U.S. authorities said Childress triggered a border sensor Thursday afternoon and behaved erratically when agents responded.

They said he was shot by an agent after he sprayed the official with an unknown chemical.

Childress is originally from Prince George, B.C. and has faced several charges in the province including theft, mischief and assault.

THE CANADIAN PRESS

Middle East. Canada backs two-state solution: Harper

Prime Minister Stephen Harper has reiterated Canada's support for a two-state solution for Israelis and Palestinians during a phone call to newly re-elected Israeli Prime Minister Benjamin Netanyahu.

The statement from Harper's office on Sunday was more muted than statements made recently by U.S. President Barack Obama, French President Francois Hollande and UN Secretary General Ban Ki-moon.

It was the first time Harper and Netanyahu had spoken since Netanyahu secured a victory on Tuesday.

In the final days of the hotly contested campaign, Netanyahu said he would not support the creation of an independent Palestinian state.

That position flew in the face of that traditionally taken by the U.S., Europe and Canada.

A statement from the prime minister's office said

Quoted

"Only the creation of a viable and sovereign Palestinian state, living peacefully and securely side-by-side with Israel, can allow us to ensure peace and prosperity in the Middle East."

French foreign minister Laurent Fabius, talks about French President Francois Hollande's position

that Harper had reiterated the government's "resolute commitment" to Israel's security.

"The Prime Minister reiterated Canada's long-standing position in favour of a two-state solution," wrote press secretary Carl Vallee.

By contrast, Obama has expressed disappointment with Netanyahu's election rhetoric, warning it might set back the pursuit of peace in the region.

THE CANADIAN PRESS



Bloc Québécois leader Mario Beaulieu addresses a news conference on Nov. 18, 2014 in Montreal. Days after a Parti Québécois leadership candidate's controversial comment on immigration, Beaulieu has announced his party's intention to hold a large intercultural gathering for independence. RYAN REMIORZ/THE CANADIAN PRESS

Bloc plans gathering to reach out to Quebecers

Politics. Last week, a Parti Québécois leadership hopeful said immigration represents a threat to sovereigntist movement

Days after a Parti Québécois leadership hopeful's controversial comment on immigration, Bloc Québécois leader Mario Beaulieu has announced his party's intention to hold a large

intercultural gathering for independence.

In an interview with The Canadian Press, Beaulieu explained the Bloc Québécois wants to show that a large number of immigrants are in favour of Quebec's independence.

Last week, Pierre Karl Peladeau said that immigration represented a threat to the sovereigntist movement.

The PQ MNA and leadership candidate later apologized for his comments, saying they were inappropriate

Immigration

Bloc Québécois leader Mario Beaulieu also said only those in Quebec should be able to make decisions regarding immigration policies and integration of new arrivals.

priate and did not reflect his true thinking.

Without directly referring to Peladeau's remarks, Beaulieu said it was necessary to reach out to Quebec

ers of all origins to persuade them of the advantages of independence.

He said the national question was "the business of all Quebecers, without exception."

Beaulieu said his goal was to "talk, go out and convince."

Beaulieu also said new arrivals who were integrated into the francophone community voted similarly to French Quebec voters, while anglicized immigrants did the opposite.

THE CANADIAN PRESS



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Turn for more

Voters blunt rise of France's National Front

Politics. The far-right party is known for its opposition to immigration, radical Islam and the EU

France's governing Socialists never expected to do well in Sunday's first-round elections, and their strategy worked just as planned: Their conservative rivals took first place.

Before the elections for 2,000 local councils, the Socialists urged people to vote, hoping that turnout would blunt the rise of Marine Le Pen's far right National Front, even if it meant Nicolas Sarkozy's conservative UMP would be the victor.

Initial projections gave the UMP party 31 per cent of the vote compared with 24.5 per cent for the National Front and 19.7 per cent for the Socialists and their allies. Turnout was 51 per cent, compared with about 45 per cent in the same elections in 2011.

With little air of a man in third place, Prime Minister Manuel Valls was the first to praise the far right party's defeat.

"This evening, the extreme right, even it is too high, is not at the forefront of French politics," Valls said. "When we mobilize the French, it works."

Le Pen was nowhere on the ballots herself, but her National Front is trying to build a grassroots army of local officials to buttress her presidential ambitions in 2017.

France's council elections are in two rounds, so victory Sunday determines which candidates can contest a second vote March 29.

The Socialists, which currently control the majority of the councils, are deeply unpopular after the government's failure to turn around France's economy. Both they and the UMP are torn by infighting, leaving the National Front something of an open field for the first round.

But both the Socialists and UMP, normally rivals, have issued dire warnings about France's future under a resurgent National Front, whose opposition to immigration, radical Islam, and the European Union has helped transform the party from a pariah under Le Pen's father. **THE ASSOCIATED PRESS**



Funeral for Afghan woman beaten to death by Kabul mob

Afghan women's rights activists carry the coffin of 27-year-old Farkhunda — an Afghan woman who was beaten to death by a mob — at her funeral, in Kabul, Afghanistan, Sunday. Hundreds of people gathered in northern Kabul for the funeral of Farkhunda, who like many Afghans is known by only one name. She was killed late Thursday by a mob of mostly men who beat her, set her body on fire and then threw it into the Kabul River, according to police accounts. Police are still investigating what prompted the mob assault. **MASSOUD HOSSAINI/THE ASSOCIATED PRESS**

Venezuela. Bus accident kills at least 11 people

At least 11 people have been killed in Venezuela when a bus rolled into a ravine southwest of Caracas.

Another 36 people were injured in the crash, which occurred Sunday as the bus was travelling to visit a laagoon.

The bus driver was among the dead, according to statements released on Twitter by the National Police and a highway safety official.

The cause of the crash was under investigation. **THE ASSOCIATED PRESS**

Central African Republic. Extremists attack villages

A group of heavily armed Muslim extremists attacked several villages in Central African Republic over the weekend, killing at least 11 people, a villager said Sunday.

Central African Republic has been rocked by sectarian violence since 2013. That year,

mostly Muslim Seleka rebels seized power, and their brutal rule led to the rise of Christian militias that unleashed a wave of violence against Muslims. UN and French troops are now trying to stabilize the country.

THE ASSOCIATED PRESS

Seven siblings die in Brooklyn fire, to be buried in Israel



A New York firefighter looks over the scene of a house fire Saturday, 2015, in the Brooklyn borough of New York City. **CRAIG RUTTLE/THE ASSOCIATED PRESS**

Seven siblings who died in a New York City house fire will be buried in Israel.

The children, ages 5 to 16, died early Saturday when flames engulfed the Sassoon family home in the Midwood neighbourhood of Brooklyn. Investigators believe a hot plate left on a kitchen counter set off the fire that trapped the children and badly injured their mother and another sibling.

Both the mother and the daughter — Gayle Sassoon and 14-year-old Siporah Sassoon — remained in critical condition

Sunday morning.

Brooklyn assemblyman Dov Hikind said the children's remains will be placed aboard an El Al flight to Tel Aviv after Sunday afternoon funeral services.

"I call this not a tragedy but an absolute disaster," said Hikind, who represents the Brooklyn neighbourhood of Midwood where the fire broke out early Saturday.

The blaze killed three girls and four boys ages 5 to 16 — all members of the neighbourhood's tightknit community of

ultra-Orthodox Jews.

"Everyone's in utter shock," Hikind said.

The hot plate was left on for the Sabbath, from sundown Friday to sundown Saturday. Many religious Jews refrain from working in all forms including turning on appliances during the Sabbath; some leave them running instead.

The hot plate apparently malfunctioned, setting off the blaze that sent flames up the stairs, trapping the children in their second-floor bedrooms as they slept, investigators said.

Authorities identified the victims as girls Eliane, 16; Rivkah, 11; and Sara, 6; and boys David, 12; Yeshua, 10; Moshe, 8; and Yaakob, 5.

Authorities said their father was at a nearby conference at the time of the fire.

"They were beautiful little children," said a tearful neighbour, Rose Insel, remembering how she rewarded the kids with lollipops after voluntarily shovelling her walk. "It's unbelievable. It doesn't seem possible."

THE ASSOCIATED PRESS

New Orleans

Airport attacker had Molotov cocktails: Sheriff

A machete-wielding attacker who died hours after being shot by a sheriff's deputy who stopped his rampage at New Orleans' international airport had a bag loaded with Molotov

cocktails, authorities say.

Richard White, 63, had been shot Friday night as he chased an unarmed Transportation Security Administration agent through a concourse full of frightened travellers — and in the direction of a sheriff's deputy, who drew her gun and fired three times. White died Saturday afternoon.

THE ASSOCIATED PRESS

Tunisia

Forces pursue third attacker in museum assault

A third attacker in the deadly assault on the Bardo museum is on the run, Tunisia's president said Sunday, declaring his country at war with the extremists who killed 21

people at one of North Africa's most revered cultural institutions.

President Beji Caid Essebsi said the attack involved "three aggressors" and the third man escaped.

He was speaking live with French network iTele from inside the museum, its elaborate tile work visible behind him.

THE ASSOCIATED PRESS

Ebola

Liberians volunteer for vaccine trial

Liberians are overcoming their fears of Ebola to volunteer for a vaccine trial.

The gruesome toll of West Africa's Ebola outbreak, which has killed more than 4,200 Liberians of the more

than 10,000 who have succumbed to the disease, has intensified efforts to find a vaccine for a disease that previously infected relatively few people in remote areas.

One year after the World Health Organization declared the Ebola outbreak, vaccine trials are under way in Liberia and Guinea. Sierra Leone will start a trial later this month.

THE ASSOCIATED PRESS

Drones. First-of-its-kind park in U.S. creates buzz

The first unmanned aircraft business park in the United States is still several weeks away from the start of construction, but backers of the project say many companies are showing interest.

The 1.2-million-square-foot park is called Grand Sky. The facility will have space for hangars, offices, shops, laboratories and data centres. It is located on the Grand Forks Air Force Base, N.D., which is home to an unmanned aircraft mission.

Defence technology giant Northrop Grumman, based in Falls Church, Virginia, has already signed a letter of intent to anchor the park, which is expected to create thousands of jobs.

One company looking to



A radio-controlled drone appears in flight during an International Drone Day event in Roseburg, Ore., earlier this month.
THE ASSOCIATED PRESS FILE

get into the ground floor of Grand Sky is Smart C2. The president of the software business says the park should help small businesses grow into valuable companies.

THE ASSOCIATED PRESS

Montreal. City's gay village looking to reinvent itself

Technological advances and changing lifestyles are forcing Montreal's gay village to reinvent itself, with local businesses having to adapt to the reality that homosexuals feel increasingly comfortable in different corners of the city.

Merchants point to mobile dating applications as a key reason for young homosexuals ditching bars and nightclubs as places to find partners.

Yves Lafontaine, editor-in-chief of Fugues magazine, the largest French-language gay publication in the province, believes young gay men and women feel more at ease in most parts of the city and don't look only to the village to live, shop and party.

What's left is a neighbourhood in flux as businesses rely more and more on the summer tourist season to stay fi-

Quoted

"Before 2005-06, the only place gay people could meet was in gay establishments. Now, the paysage (landscape) has changed."

Yves Lafontaine, editor-in-chief of Fugues magazine, the largest French-language gay publication in Quebec.

nancially sustainable.

Jean-Marc Cardinal, who has owned and operated his barber shop, Mohawk Barbier Montreal, for 13 years, said the neighbourhood's popularity peaked in the 1990s, when gay men and women still faced significant discrimination in other parts of the city.

THE CANADIAN PRESS



Starbucks ends 'Race Together' campaign in U.S. stores

A barista at a Starbucks store in Seattle puts a "Race Together" sticker on a customer's cup earlier this month. As of Sunday, Starbucks in the U.S. has ended the visible component of its diversity and racial inequality campaign. But the coffee chain's initiative will continue more broadly without the handwritten messages. Starbucks will still hold forum discussions, co-produce special sections in USA TODAY and put more stores in minority communities as part of the initiative, according to a company memo from CEO Howard Schultz. The campaign has been criticized as opportunistic and inappropriate, coming in the wake of racially charged events such as national protests over police killings of black males. THE ASSOCIATED PRESS FILE

Ottawa spent \$24M to polish Canada's oil image in the U.S.

Campaign. Ads not designed to sway people about Keystone XL, one official says

The multimillion-dollar campaign to market Canadian oil in the U.S. was hard to miss.

The Maple Leaf was plastered on the walls of subway stops in Washington, D.C., and it popped up in all sorts of American publications with such messages as, "America's Best Energy Part-

ner," and "Friends and Neighbors."

Documents obtained by The Canadian Press offer a peek at the behind-the-scenes strategic considerations in 2013, as the federal government conducted a \$1.6-million US ad campaign that grew into a \$24-million, two-year program that wraps up this month.

The records, released under the Access to Information Act, reveal the websites to be shunned as advertising outlets; the Internet search words that would trigger a

Canadian energy ad; the coveted locations for billboards in Washington, D.C.; the rejected proposals; and the U.S. ad salespeople who angled for a slice of the publicity pie.

Throughout the two-year campaign, the Keystone pipeline issue remained unresolved. But that doesn't mean it failed, defenders say. In fact, the ads didn't mention Keystone. The original call for tenders spelled out the mission: to defend Canadian energy's reputation against hostile groups and lawmakers threatening anti-

oilsands measures in the U.S. and Europe.

So was the campaign successful? A separate budget was used for gauging the public response — \$58,335 for an initial focus group and \$49,393 later for a poll.

The poll showed most D.C. respondents had seen the ads. They didn't quite agree, however, on what they'd seen. The most popular takeaway message, at 17 per cent, was that Canada and the U.S. were friends and energy partners. Building Keystone XL got 11 per cent. THE CANADIAN PRESS

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VOICES

TIME FOR LIBRARY USERS TO SPEAK UP

After two tries, a new central library is once again on the city's radar — and this time, early in the game, it's even more important that the typically shush-able library patrons let the city know their vision for the new building



COLLINS' CAPITAL
Steve Collins

Cities, we're constantly reminded, can't do it all by themselves. They can't build and maintain all the elements of a city on the revenue they collect. As a result, one key ingredient in major projects is an infusion of cash from the province/feds (LRT) or buy-in from a corporate partner (Lansdowne Park).

Too often, the public-private partnerships get hashed out without enough input from the citizens for whom the deals have been struck. The city's sole-sourced deal with the Ottawa Sports Entertainment Group to redevelop Lansdowne Park still sticks in the mind as a prominent example.

A less opaque, more competitive process

wouldn't have satisfied all the project's critics, but the deal, conspicuously light on public consultation and with a whiff of the backroom about it, gave its opponents all the more ammunition and raised the temperature to the point where Friends of Lansdowne ended up suing the city.

So it's encouraging, now that a new central library is again on the agenda, that the city's asking what you think early in the game. There's an "idea board" for your suggestions posted at the main branch this week, where you can scribble down your vision and see what others are thinking. Next Wednesday, there's a two-hour public meeting and workshop at city hall.

There's little doubt that new digs for our library are overdue. The current main branch, built in 1974, is noticeably clapped out and too

small for the number of users who jam into it during the hours its budget allows. The concrete walls interfere with Wi-Fi — not a big deal 40 years ago, an embarrassment today.

New library buildings planned for 2005 and again for 2014 never happened, and the old ones kept getting older. A report done for the city last year indicates the cost of the next round of Band-Aid solutions, fresh coats of paint and renovations to delay the inevitable now range from \$40 million to \$70 million.

When the price of repairing the old clunker begins to approach that of a new model, it's time to think again. After several years of scrupulous avoidance of the topic, a new central library is once again on the city's radar.

Money is an object, as always. The second phase of light rail is our current big ask of the feds and the province, and so a deal with a cor-

porate partner seems hard-wired into the city's planning, even at this early stage.

Next week's discussion, as described by staff, seems to be aimed primarily at the features and services users want from their library, and these are entirely appropriate questions to ask.

But given our past Lansdowne headaches, now would be a good time to give the city an earful about what is and what isn't up for negotiation with any private-sector player.

Office and retail development can help pay the bills and make the library a destination, for example, but the current main branch is squeezed for space partly because the building's jammed up with long-term office tenants. This time, the library should come first.

Library users are typically an unobtrusive, shush-able bunch. It's time for them to make some noise.

Your Ottawa



It's all ice under the bridge

A view of the bridge to Gatineau and frozen Ottawa River from behind the Chateau Laurier.

Photo submitted by Metro reader W. Kyle Fazackerley

SEE YOUR SHOT HERE:
Send us high-quality snaps of your city to readers@metronews.ca

Upcoming

Marriage of Figaro
— March 23, 25, 28

Mozart's comedic opera will be performed at the NAC on Monday, Wednesday and Saturday. *Marriage of Figaro* stars Wallis Giunta and John Brancy. Tickets are available from \$25.

METRO

Ottawa Home and Garden Show
— March 26–29

Get ready for your spring projects with the Home and Garden Show. Experts in design, landscaping, horticulture and renovations will be available to answer questions. The show is at the EY Centre. Tickets are \$13.

METRO

Golden Egg Hunt
— March 27

Twelve golden eggs will be hidden throughout the Children's Museum at the Canadian Museum of History on Friday. The lucky kids who find them will be rewarded with chocolate. The egg hunt will be held between 9:30 a.m. and 5 p.m. and is included with museum admission.

METRO



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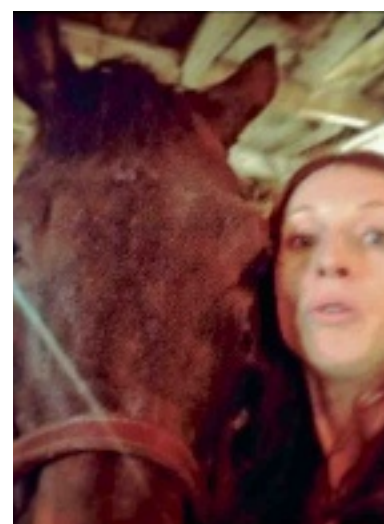
Introducing the 'smelfie'



Kim Kardashian's famous #belfie.
INSTAGRAM/KIMKARDASHIAN



Adam Hill started the "smelfie" trend.
TWITTER/@ADAMHILLSCOMEDY



A cute #felfie, or the selfie with a farm animal.
INSTAGRAM/ELLIEB2781



The #delfie, or selfie with a dog, may be the most adorable of them all. INSTAGRAM/CARLEYFORTUNE

Culture. The popularity of the selfie has spawned a seemingly endless variety of wacky offshoots

DEBORAH
HERNANDEZ

Metro in Toronto

Confused about all of the selfies showing men holding soiled diapers on Twitter lately?

The "smelfie" is a new breed of selfie that started when Adam Hill, an Australian comedian and father, tweeted a photo of himself making a sour face while holding up his daughter's soiled diaper and hashtagged it #smelfie.

But, why is social media so obsessed with selfies (and its other popular variations)?

Marcel Danesi, a professor of anthropology at the University of To-

ronto, says it's because selfies allow people to share their experiences and their true "self" with the world.

"We have this need to assert ourselves," Danesi says, "and technology gives us a chance to do this much more regularly and spread it broadly."

The need to share one's thoughts, opinions and photos isn't anything new, but is the ever-growing trend of selfie sharing a sign that society has become too narcissistic?

"Narcissism has existed since the ancient world," Danesi explains. "Selfies allow an expression of this by the individual. There's no need to go to a portrait painter or professional photographer anymore."

These days, many social media users post photos of themselves in the most mundane situations, such as #postworkoutselfie or #iwokeuplikedis, which Danesi says is because everyone believes — or wants to believe — that people care about who we are.

"It's a way of making your mark in the world," he adds.

It could be our way of saying, "look at my world. Look at my situation and try to understand what I'm going through."

Navigate the crazy world of selfies

The belfie

According to Vogue, we're in the era of the big booty and the number of people posting belfies (selfies of butts) seems to have proven this right.

There's even a "belfie stick," a bendable, titanium steel stick that allows users to take pictures of their behinds that you can purchase for \$79.99.

But, if you're in the market for one, you'll have to wait a bit longer since the 'Belfie Stick' is currently out of stock.

The #postworkoutselfie

Show off your body and healthy lifestyle to the world with this type of selfie. The #postworkoutselfie often includes gym mirrors and bodies encased in tight workout clothes, glistening with sweat.

The #iwokeuplikedis/ #nomakeupselfie

In her song Flawless, Beyoncé sings, "I woke up like dis" about a dozen times, generating a selfie trend where people now post what they look like after just waking up.

Often users share photos of themselves looking far too flawless to be believed or hilariously honest with major bed-head.

The #pelfie / #delfie / #felfie

Possibly the most adorable selfie of all, the #pelfie is a selfie with a pet. It's cousins are the #delfie (selfie with a dog) and the felfie (selfie with a farm animal).

The #cryingselfie

Crying selfies break away from the mould by showing people in some of their most unhappy moments and although some people find these photos inappropriate and uncomfortable to look at, posting them might be cathartic for some users.



MIND THE
APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

Downloads of the week

This week we look at Lost Sounds, Terry Pratchett and S.T.E.A.M.

App

Adventures of Poco Eco – Lost Sounds

iPhone/iPad
\$3.49

In this electronica relaxation adventure, you can navigate a beautiful dreamscape of totem animals and puzzle paths to unlock a free album for download using chill synths, sequencers, and amps.



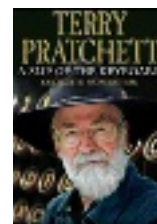
Ebooks

A Slip Of The Keyboard

By Terry Pratchett

Kindle/iBooks/Kobo

In this collection of musings, speeches, and essays, Pratchett aims his humour at nuclear power stations, floppy hats, Alzheimer's, orangutans, and others things unrelated to his much-loved DiscWorld fantasy series, making this a fine way to remember the celebrated author or perhaps even meet him for the very first time.



Video game

Code name S.T.E.A.M.

For. Nintendo 3DS

Rated. Teen

In this wacky battle between American literary characters and invading aliens, you point and shoot as normal, but must move everyone and take turns as if it's a board game. The very difficult twist is that you can't see the board itself and so must rely on memory and guesswork for tactical planning. The 12 unlockable characters have inventive weapons, but I wish they had a more lively story.



Gossip

NED EHRBAR
METRO'S TAKE ON
THE WORLD OF
CELEBRITIES



What a Croc! Joke apology issued over joke

Eva Mendes came under fire last week for joking that sweatpants are the "No. 1 cause of divorce in America," because obviously we've exhausted all other topics over which to get outraged. To quell the public indignation, Mendes and partner Ryan Gosling struck out on social media to assure all of their commitment to dressing for comfort, not style. First, Mendes posted an affectionate ode to her "favourite pair of sweatpants" on Instagram, apologizing for forsaking them.

"Dear favourite pair of sweatpants. I was just kidding when I said you're the #1 cause of divorce.

Everyone knows that orange Crocs are the No. 1

cause of divorce. Either way it was a bad joke and feel terrible if you or anyone thought I was serious.



Thanks for understanding sweatpants. Sorry orange Crocs."

Then Gosling chimed in himself with some well-earned wisdom for others about how to live in polite society.

"Word to the wise. Don't joke about sweatpants or North Korea. Real hot button issues. Trust me," he tweeted.

"Obviously sweatpants thing was a joke. Wearing



Eva Mendes ALL PHOTOS GETTY IMAGES



Ryan Gosling

them now. That's right, tweeting in sweatpants. Rats! Said too much! You win again

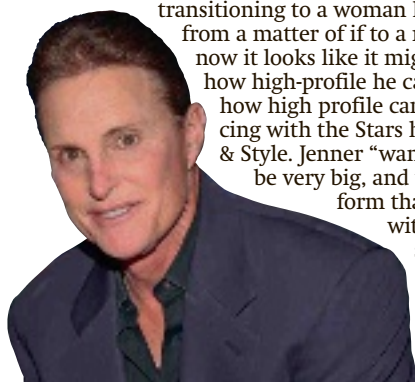
Twitter."

Personally, I'd wager that a lack of a sense of humour is

the bigger threat to happiness, so lighten up, everybody.

Jenner said to be reaching for the Stars

Speculation about Bruce Jenner announcing he's transitioning to a woman has swiftly shifted from a matter of if to a matter of when, and now it looks like it might be more about how high-profile he can go with it. And how high profile can he go with it? Dancing with the Stars high, according to Life & Style. Jenner "wants his public debut to be very big, and there is no better platform than going on Dancing with the Stars, a source says. "Bruce has been in talks to appear on the current season, but the timing didn't work out."



Is the end of One Direction upon us?

There might be trouble in teen pop paradise, as Zayn Malik has been sent home early from One Direction's On the Road Again Tour, which is currently winding its way across Asia. Malik is said to be "stressed," and some worry this might be a sign of greater trouble for the group. "A lot of people in their camp fear that this is the beginning of the end for One Direction," a source tells Radar. "The higher-ups ordered Zayn to take a break because there are concerns for his well-being. Zayn's management is livid right now, but they are also very sympathetic."

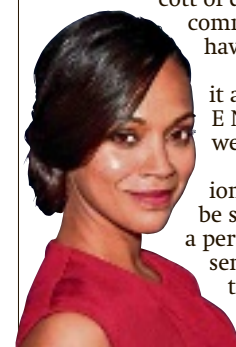


Saldana not up for a D & G boycott

Sorry, Elton John, Zoe Saldana will not be joining your boycott of designers Dolce and Gabbana over their comments about gay and lesbian parents having "synthetic" children.

"That would be the stupidest thing if it affected my fashion choice," she tells E News at the GLAAD Media Awards this weekend.

"People are allowed to their own opinion. However, I wouldn't have chosen to be so public about something that's such a personal thing. Obviously it caused some sensitivity, but then again, if you continue to follow the news, you see they all kind of hugged it out, so why are we making a big deal about it?"



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Smart saving for your future

Money management.

Getting serious about saving means choosing investments that are right for you



GAIL VAZ-OXLADE
Gail blogs daily at
gailvazoxlade.com

Saving is a lost art. You'd think that with all the yada-yada about how important it is to save, what a big deal RRSPs and TFSAs are, and the scant resources we'll have if we count on the government, that we'd all be squirrelling away money for the future at a wicked pace. We're not.

So much of the blah blah blah about building up a stash of cash for the future centres on the next big investment that will get you to where you want to be. If it's really so easy to be a successful investor, why aren't there more of 'em?

If what's stopping you from saving is the sense of "I don't know what to do with the money once I've saved it," I can reassure you that deciding what to invest in isn't as hard as you might think. Forget about analytics and market timing, forget about what was hot last year. You're going to focus on these three things:

Define savings

If you're sticking money away for a vacation, for gifts, for car insurance, that's not savings; it's planned spending



It may be time to update that piggy-bank savings strategy. ISTOCK

- When you'll need the money.

- How willing you are to lose money because investments can take a dive.

- How knowledgeable you are about investing.

If you won't need the money for 10 years or more, the world in your oyster. You can buy just about everything going.

If you're willing to take chances — you win some, you lose some — then you have to figure out how much 'lose some' you can stand. All of it: you're a risk taker; none of it:

stick with sure and steady. If you can't explain what you're thinking of buying to a 12-year-old, you can't buy it.

But that doesn't mean you can't be an investor. Everyone can be an investor. Earning even a sad .25 per cent on your savings account makes you an investor, albeit a lazy one. And if you have a stomach for more risk, learn about indexed investing and get busy.

Investing isn't the biggest barrier to building up a nest egg. People often misunderstand what "saving" is. Saving is "not spending money" and if you want to have "savings"

you have to take the money you didn't spend and put it somewhere to accumulate for the future. If you're sticking money away for a vacation, for gifts, for car insurance, that's not savings; it's "planned spending."

It's smart to accumulate money for big spends right along with your day-to-day needs, but it's not savings. Unless it's going into an emergency fund, a long-term savings — think retirement or school — it's not "savings."

Saving a measly four per cent of your income isn't going to get you to where you want

to be. With 35 years or less to your retirement date, you need to be socking away 10 per cent. With 25 years or less, if you haven't saved any money, you need to be squirrelling away 18 per cent of your income.

Money is an exhaustible resource. It runs out. If you want to have some for later, you've got to avoid spending some now. Begin developing the saving habit and you're heading in the right direction. Momentum will carry you along.

Ultimately, how much you save and how long you save are just as important as what you do with those savings.

Slow and steady savings

If you don't leave yourself enough time for your money to do some of the heavy lifting — I'm talking compounding here — you're doing yourself a huge disservice. Start saving in your 20s and your money will grow, grow, grow.

- Assume you make \$45,000 a year, save 10 per cent, a month, and earn 3 per cent return on your money on average, and don't have to pay tax on the income (you've put the money in a TFSA or RRSP):
- Start at 25 and by retirement, (assuming it's at age 65) you'll have \$357,441, \$172,941 of which came from interest.
- Start at 35 and you'll have \$226,594, \$87,094 of which came from interest.
- Start at 45 and you'll have \$129,623, \$35,123 of which came from interest.

HOMESTEAD

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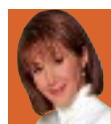
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Soba so good as versatile noodle salad

Asian Soba Noodle Salad. Coconut milk and peanut-dressed veggies and noodles make a colourful starter or main



ROSE REISMAN
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Soba noodles are Japanese noodles made of buckwheat and wheat flour. They are perfect to use in either hot or cold pasta dishes and don't soak up the sauce as quickly as regular pasta. Combine them with a coconut-peanut dressing and a variety of vegetables to make this great appetizer or main course.

Always purchase natural peanut butter, which has nothing but nuts. Processed peanut butter contains icing sugar and can be hydrogen-

ated. Almond butter is also a great substitute.

Directions

Salad

1. Bring a large saucepan of water to a boil and cook the noodles for 3 to 5 minutes or until tender. Drain. Rinse under cold running water and drain again.

2. Combine the noodles, snow peas, red pepper, green onion, cilantro and peanuts in a large serving bowl.

Dressing

1. To make the dressing: Combine the coconut milk, peanut butter, soy sauce, vinegar, sesame oil, sesame seeds, garlic, brown sugar, ginger and chili sauce in a bowl or a small food processor.

2. Whisk or process the mixture until smooth.

3. Pour the dressing over the

Ingredients

Salad

- 8 oz thin soba noodles
- 1 1/2 cups finely chopped snow peas
- 1 1/2 cups finely chopped red bell pepper
- 1/2 cup finely chopped green onion
- 1/3 cup chopped cilantro or parsley
- 1/4 cup chopped peanuts

Dressing

- 1/2 cup light coconut milk
- 3 tbsp natural peanut butter
- 2 tbsp low-sodium soy sauce
- 2 tbsp rice vinegar
- 1 tbsp sesame oil
- 1 tbsp toasted sesame seeds
- 2 tsp minced fresh garlic
- 2 tbsp brown sugar
- 1 tsp minced fresh ginger
- 1 tsp hot chili sauce, or to taste

vegetable-noodle mixture and toss to coat.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN



This recipe serves eight. ROSE REISMAN

Japanese miso soup made easier with chicken stock



This recipe serves six. ROSE REISMAN

A miso soup is a traditional Japanese soup where the key ingredient is miso paste.

Traditionally the stock is made from "dashi," a type of kelp. For a simpler ingredient, I just use chicken stock.

Miso paste is fermented soy beans that comes in different strengths. I like a milder variety such as *shiromiso*, or 'white' miso. You can always use firm tofu or shrimp to replace the chicken.

Directions

1. Bring a pot of water to a

boil and cook noodles just until tender, about 3 minutes. Drain water.

2. In a skillet or grill pan sprayed with vegetable oil, cook chicken until no longer pink, about 5 minutes.

3. Bring chicken stock to a medium heat. Add miso, soy sauce and ginger. Simmer covered for 5 minutes. Add noodles and chicken and serve in small bowls garnished with green onions and cilantro.

THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN

Ingredients

- 3 oz soba noodles or whole wheat spaghetti
- 4 oz boneless chicken breast, pounded
- 5 cups chicken stock
- 2 tbsp white miso paste
- 1 tbsp light soy sauce
- 1 tsp minced ginger
- 3 tbsp chopped green onions
- 2 tbsp chopped cilantro or parsley

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When applying for a job gets weird. The 10 oddest questions from real interviews

Interviews are nerve-racking as it is, but when an interviewer throws a question at you like, "If you were a tree what kind of tree would you be?" that can just be the end of you.

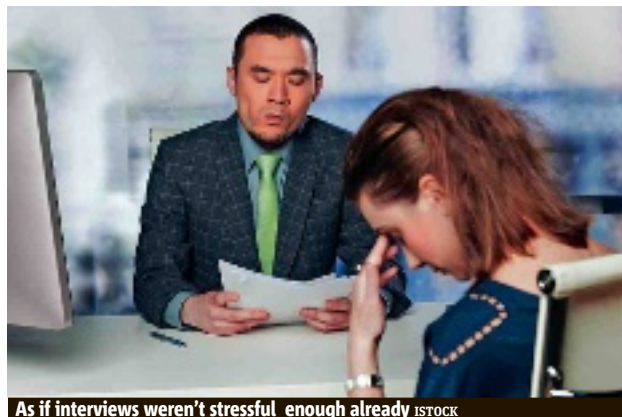
Glassdoor has compiled a list of the Top 10 most "odd-ball" interview questions of 2015 so far. While no one is asking you what kind of tree you are, there are some curveballs.

1. "What would you do if you were the one survivor in a plane crash?" – Airbnb Trust and Safety Investigator job candidate

2. "What's your favourite '90s jam?" – Squarespace Customer Care job candidate

3. "If you woke up and had 2,000 unread emails and could only answer 300 of them, how would you choose which ones to answer?" – Dropbox Rotation Program job candidate.

4. "Who would win in a fight between Spiderman and Batman?" – Stanford University



As if interviews weren't stressful enough already iStock

Medical Simulationist job candidate.

5. "If you had a machine that produced \$100 dollars for life, what would you be willing to pay for it today?" – Aksia Research Analyst job candidate

6. "What did you have for breakfast?" – Banana Republic Sales Associate job candidate

7. "Describe the colour yellow to somebody who's blind." – Spirit Airlines Flight Attendant job

candidate

8. "If you were asked to unload a 747 full of jellybeans, what would you do?" – Bose IT Support Manager job candidate

9. "How many people flew out of Chicago last year?" – Redbox Software Engineer II job candidate

10. "Who's your favourite Disney Princess?" – Coldstone Creamery Crew Member job candidate
MATTHEW LEE/METRO NYC

Playing your way back to good health

Rehab video game.

Romanian software developer hopes to turn a painful process into enjoyable activity played on your Xbox

A broken arm as a boy led Cosmin Mihaiu and some inventive colleagues to turn tedious physical rehabilitation exercises into a game that they hope can make it easier for people to recover from injuries.

The Romania-born software engineer demonstrated the game last week at the prestigious TED Conference in Vancouver, showing how it can be played on the motion-sensing video game platform Kinect for Microsoft's Xbox.

"We need to come up with solutions to get patients motivated to get better," Mihaiu told AFP. "No one likes treatment, but if we can make it in a way where people don't think it is cumbersome they will get better faster and save costs."

Mihaiu and his colleagues devised the software application to work with physical therapists to customize motion-control games to reward patients for doing prescribed movements. The system, called MIRA (Medical Interactive Recovery Assistant), is currently designed for play off-line in clinics.

Its makers plan to create an online version that people could use at home, with performance data shared with therapists. "We don't want to



Software engineer and TED Fellow Cosmin Mihaiu shows off a MIRA Rehab game designed to make typically tedious physical rehabilitation exercises fun. AFP PHOTO/GLENN CHAPMAN

Those following suit

Ubisoft in early March unveiled a tablet video game crafted as a prescription for a medical condition known as "lazy eye," blending the worlds of play and treatment. The France-based video game titan also created Dig Rush in collabora-

tion with U.S. health technology startup Amblyotech, using treatment technology from innovators at Canada's McGill University. The game targets amblyopia, a condition in which a person's eye and brain are out of sync.

replace physical therapists. We want to develop a digital pill that can be prescribed to help the patient get better," Mihaiu said.

MIRA is being tried in clinics in Britain and Romania, with an annual subscription price of several thou-

sand dollars, Mihaiu said. He added that there is a large market in the rehabilitation industry because unlike consumer-focused fitness games, medical games come with endorsement and followup by doctors, nurses or therapists. AFP

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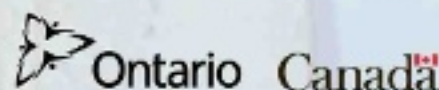
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
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
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Spartans knock out Cavaliers for second straight year

Michigan State's Branden Dawson shoots past Virginia's Darion Atkins during a Round of 32 match in the NCAA basketball tournament in Charlotte, N.C., Sunday. Travis Trice scored 23 points and Michigan State won 60-54. Dawson added 15 points and nine rebounds for the seventh-seeded Spartans, who eliminated the second-seeded Cavaliers for the second straight year. With Villanova, the top seed in the East, having lost Saturday, it is the first time a No. 1 and 2 seed from the same region didn't advance to the Sweet 16 since 2004. GERALD HERBERT/THE ASSOCIATED PRESS

Nash was the epitome of a point guard: Casey

NBA. Raptors coach says he admired star Canadian player who retired on the weekend

Dwane Casey never had the pleasure of coaching Steve Nash, but admired the Canadian's game from afar.

"(Nash) means so much to the game and I know so much to this country. He should be a beacon light for how the point guard position should be played for young kids in this country and in the U.S.," Casey said.

The Toronto Raptors hosted the New York Knicks on Sunday, but thoughts were on Nash prior to tip-off, a day after the face of Canadian basketball announced his retirement in an eloquent letter.

"(I appreciated) his unselfish play, the way he plays pass-first. Just his overall demeanour, he's a good man. His heart is in the right place. He's about the team, he's about winning. There is not

Career statistics

2 - NBA's Most Valuable Player awards

5 - Seasons he led the league in assists

8 - Number of times he was named an NBA all-star

14.3 - Career points-per-game average

18.8 - Career season-high points average

17,387 - Total points scored in his career

a selfish bone in his body," Casey said.

Casey, who was an assistant in Dallas before coming to Toronto, said a lot of what he knew of Nash came from Nash's good friend and former teammate Dirk Nowitzki. The Mavericks forward "loved" Nash, Casey said.

"The stories I heard in Dallas ... how he helped



Back and nerve issues prevented Steve Nash, 41, from hitting the court at all this season. FREDERIC J. BROWN/AFP/GETTY IMAGES FILE

keep Dirk's confidence up when they were two 'stiffs', so to speak, coming into the league," Casey said. "They kept each other going and kept their confidence up going back in late at night. (Dallas owner Mark) Cuban will tell you that was one of his biggest mistakes — letting Nash walk out the door (to the Phoenix Suns)."

Nash's announcement wasn't surprising — the veteran point guard had played in just 65 games over the last three seasons with the Los Angeles Lakers due to injuries. Back and nerve issues prevented the 41-year-old from hitting the court at all in what would have been his 19th NBA season.

THE CANADIAN PRESS

NHL

Stamkos sparks Bolts with his fists

J.T. Brown and Anton Stralman scored 15 seconds apart soon after Tampa Bay captain Steven Stamkos got into a fight, and the Lightning stopped a 10-game losing streak against the Boston Bruins with a 5-3 victory Sunday.

The Lightning trail Atlantic Division-leading Montreal by two points.

THE ASSOCIATED PRESS

NHL

Richards rejoins defending champs

The Los Angeles Kings recalled Mike Richards from their AHL affiliate on Sunday, two months after the \$69-million centre's high-profile demotion.

The defending Stanley Cup champions added the veteran before opening a five-game road trip.

The Kings sit two points behind Calgary for third place in the Pacific Division and visit the New Jersey Devils on Monday night.

THE ASSOCIATED PRESS

Curling

Swiss bliss at world championship

Switzerland's Alina Patz defeated Canada's Jennifer Jones 5-3 Sunday to claim the gold medal at the world women's curling championship in Sapporo, Japan.

Ahead by a point in the 10th end, the Swiss sealed the win with another single point on their last rock.

Canada leads all countries with 15 golds and 32 podium appearances at the world championship since 1979. THE CANADIAN PRESS

Premier League

Gerrard seeing red in Liverpool's loss to Man United

Steven Gerrard was sent off less than a minute after coming on as Manchester United beat Liverpool 2-1 Sunday in the Premier League with two goals from Juan Mata.

The 34-year-old Gerrard got a straight red card for stamping on Ander Herrera after replacing Adam Lallana at the start of the second half.

THE ASSOCIATED PRESS

AUGMENTED REALITY

Stuck on 12 Across?
Scan this image with your Metro News app for today's crossword and Sudoku answers.
It's OK. No one's watching.



Horoscopes by Sally Brompton

Aries

March 21 - April 20

Make sure you know what you are talking about because if you make things up you are sure to be found out.

Taurus

April 21 - May 21

There seems to be a lot of self doubt in your mind, which is not like you. Prove you have what it takes by taking the sort of risk you would usually avoid — and be a star.

Gemini

May 22 - June 21

You will find it hard to hide your emotions. Even if you keep your mouth shut your body language will give you away. That's good. Let others know you have feelings, too.

Cancer

June 22 - July 23

Try not to be too aggressive even if you think it is justified, especially in money-related matters. Don't upset people whose support you may need in the near future.

Leo

July 24 - Aug. 23

Go above and beyond the call of duty. Your efforts will be rewarded in the long-term and you will feel good about yourself right now.

Virgo

Aug. 24 - Sept. 23

You may feel trapped by certain obligations, but now you must keep them. If you don't, your reputation could suffer damage it takes many months to repair.

Libra

Sept. 24 - Oct. 23

Your head may be full of big ideas but this is not a good time to push too hard. You will achieve more in the long term if you go with the flow.

Scorpio

Oct. 24 - Nov. 22

Everyone seems to know what is best for you. And everyone is wrong. Only you can decide on your next move. Make it a bold one.

Sagittarius

Nov. 23 - Dec. 21

Something you say may hurt a friend's feelings but don't worry about it because they are not as weak as they like to make out. Call it as you see it.

Capricorn

Dec. 22 - Jan. 20

You like to prove yourself but don't upset people in positions of authority over the next 24 hours — the results could be painful.

Aquarius

Jan. 21 - Feb. 19

You may be adventurous by nature but try not to expose yourself to situations that could become difficult, or even dangerous.

Pisces

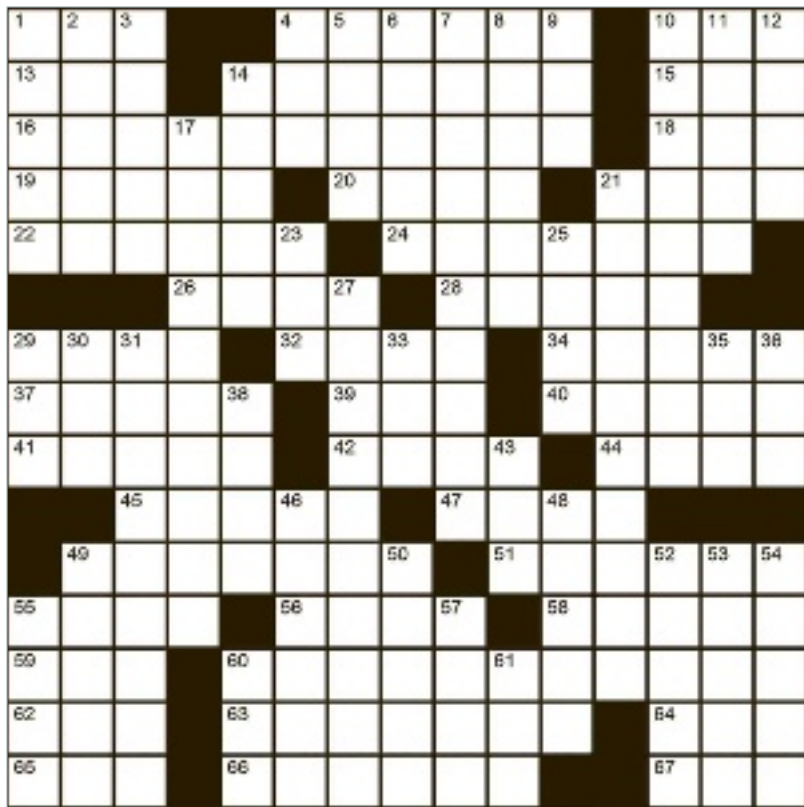
Feb. 20 - March 20

The universe wants you to throw caution to the wind and do something that takes everyone by surprise. Sometimes others doubt you will ever be dynamic enough to succeed — but you're about to prove them wrong.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

- Internet hookup letters
- Wild canine
- 'Most Wanted' org.
- "Take __, __ insist."
- Paul __, The Poseidon Adventure novelist
- Permit
- NCC = Nature __ of Canada
- Unwell
- Too snug
- Military assistant
- Recount
- Skedaddles
- Pierre Trudeau would stylishly wear one in his lapel: 2 wds.
- Observer
- Raises
- Ladder step
- Pulls the car
- Young salmon
- "We're on __ to nowhere." — Talking Heads
- Texter's giggle
- Ms. Hunt
- Verdi opera, La __ del destino
- Some jeans
- Ouis opposites
- Sad tune
- Mon., on Tues.
- Acknowledge, perhaps after being in denial
- Reaches a baseball base this way
- Guzzle



- Many
- Not suitable
- Deceive
- CSA = Canadian __
- Egos and __
- Restrains
- North or South country [abbr.]
- Furry friend

- Like a product with a big red tag: 2 wds.
- 'Ear'-meaning prefix
- Word meanings
- Unflappable
- Jargon

- Pickles holder
- Thomas Edison's middle name
- Debussy's " __ de Lune"
- Saskatchewan town southwest of Saskatoon
- Acquiesce
- Actress Myrna

- Embarks on a journey, Amelia Earhart style: 2 wds.
- "Beauty and the Beast" (1991) character
- " __ cost you!"
- Estelle of "The Golden Girls"
- Music sub genre

- of Alt-Rock named for floor starers
- Cape __ (New Brunswick community on the Northumberland Strait)
- Going-together collection
- Skin irritation
- Products by Canadian baking brand Robin Hood: 2 wds.
- U.K. mil. service
- Tail-meaning prefix
- Yellowknife's locale, en français: Les Territoires du __
- Misery
- Canadian actor Mr. Carrou
- Belonging to Nashville's li'l state
- Jeanne ' __
- Parisian possessive
- Type of BIC writing implement: 2 wds.
- Garden gastropods
- Reprimand
- __ Sketch
- Canadian musician, Rick __
- Disney World attraction in Florida
- Prefix to 'foam'
- Movie extract
- Cover the falcon's eyes
- Pou __ (Vantage point)
- All bets __ off

Friday's Crossword



Online

See today's answers at metronews.ca/answers

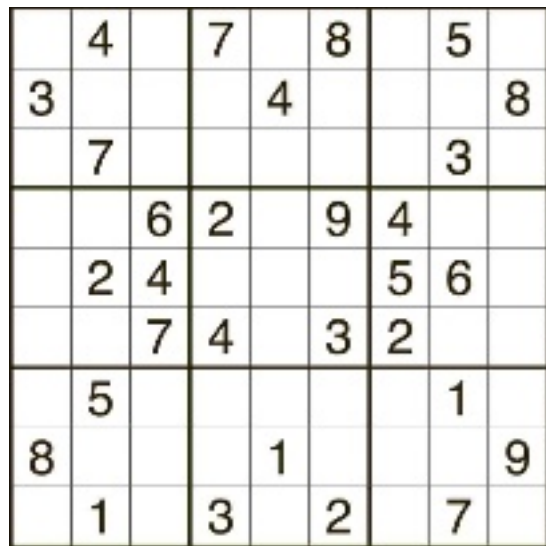


Conceptis Sudoku by Dave Green

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku



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